

GREEN HAVEN  
FARMS

**IQF**

(INDIVIDUAL QUICK FREEZING)

*Vegetables & Fruits*



Healthy Nutrition

*Life Style*

# VEGETABLES

## SPINACH



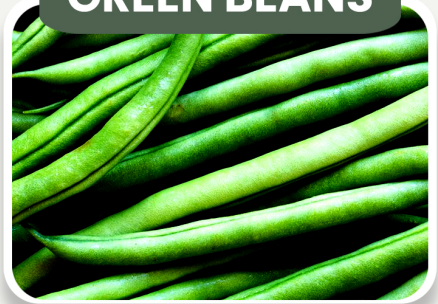
Chopped Spinach

## SWEET CORN



CLASS : EXTRA, I, II

## GREEN BEANS



Cut : 26 mm, 39 mm, 3 20-40 mm  
CLASS : EXTRA, I, II

## CAULIFLOWER



SIZE : 20-40 MM, 40-60 MM, > 60 MM  
CLASS: EXTRA, I, II

## GREEN PEAS



CLASS : EXTRA, I, II

## MIX VEGETABLES



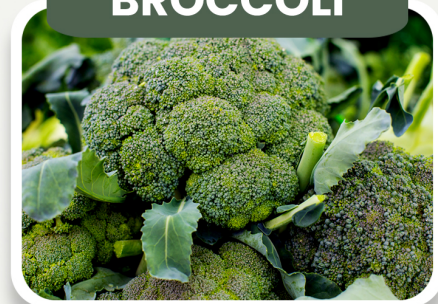
THE AVAILABILITY OF REACH  
VEGETABLE MIX ON REQUEST

## DICED ONION



Diced : 6x6x6 mm, 10x10 mm, 20x20 mm  
Sliced : 2-4mm, 4-6 mm  
CLASS : EXTRA, I, II

## BROCCOLI



Cut : 20-40 mm, 40-60mm, > 60 mm  
CLASS : EXTRA, I, II

**VEGETABLES**

**DICED CARROT**



DICED : 10X10X10 MM, 6X6X6 MM

**MOLOKHIA**



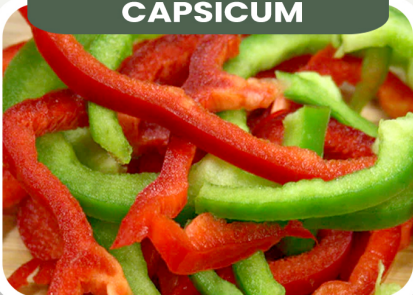
CHOPPED MOLOKHEYA

**OKRA**



Okra Zero (2.5cm / 3cm)  
Okra one (4.5cm / 5.5cm)  
Okra Excellent (3.5cm / 4.5cm)  
Okra (5.5cm / 7cm)

**SLICED COLORED CAPSICUM**



SLICED CAPSICUM

**PUMPKIN CHUNKS**



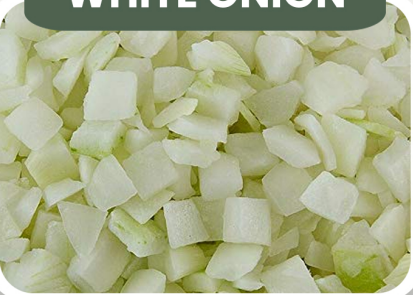
PUMKIN CHUNKS

**POTATO CUBES**



Diced 10x10x10 mm

**WHITE ONION**



DICED : 6X6X6 MM, 10X10 MM, 20X20 MM  
SLICED : 2-4MM, 4-6MM  
CLASS: EXTRA, I, II

**PRE\_FRIED FRENCH FRIES**



SLICED 6 x 6 | 7 x 7      SLICED 9 x 9 | 10 x 10 | 12 x 12

**DICED SWEET POTATO**



DICED : 10x10x10 MM, 6x6x6 MM



# FRUITS

**STRAWBERRIES**



CLASS: EXTRA, I, II

**MANGO SLICES**



CLASS : EXTRA, I, II

**MANGO CHUNKS**



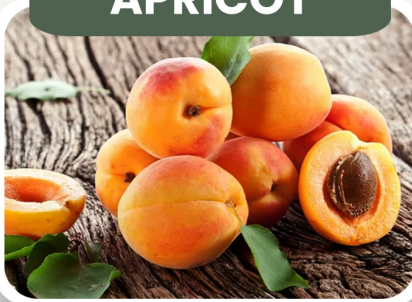
CLASS : EXTRA, I, II

**POMEGRANATE**



CLASS: EXTRA, I, II

**APRICOT**



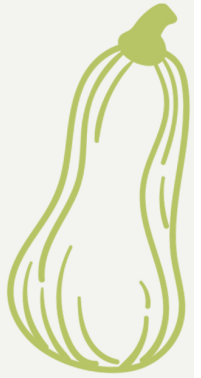
CLASS : EXTRA, I, II

**BANANA CHUNKS**



CLASS : EXTRA, I, II





# PACKING

## PAPER BAG



### AVAILABLE SIZES

- 25 Kg
- 20 Kg
- 18 Kg



## PLASTIC BAG

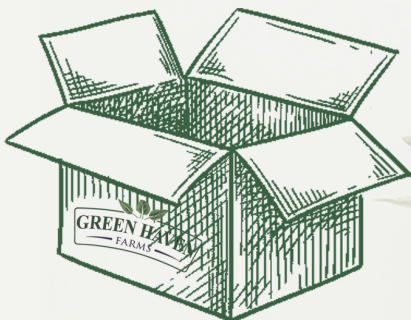


### AVAILABLE SIZES

- 400 g
- 1000 g
- 2500 g



## CARDBOARD BOX



### AVAILABLE SIZES

- 10 Kg





A Healthy Life Start Here!

# Life Style:

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